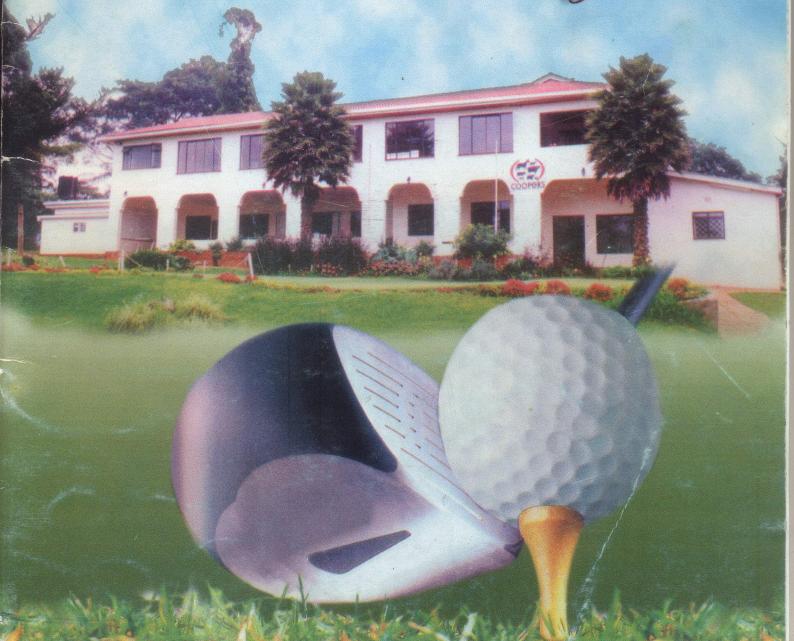
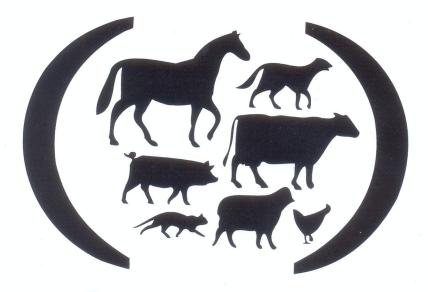
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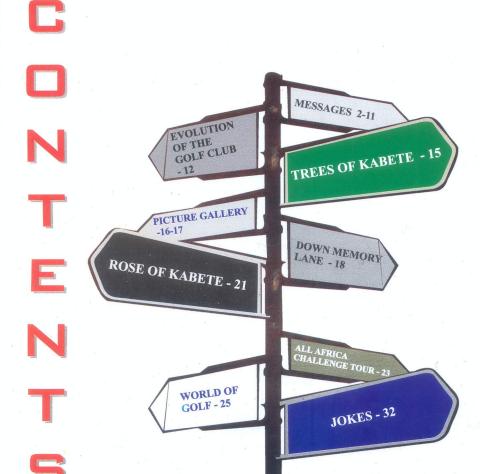
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Veterinary Laboratory Sports Club

EDITORIAL

I consider it a privilege and great honour to have been entrusted with the publishing of the 75th Anniversary Souvenir Magazine.

The task would have not been possible without those who were so generous with their time, expertise and goodwill. To them all I shall be eternally grateful.

In particular, I would like to thank all those who contributed to the excellent information and humourous articles contained herein and the cartoon strips have greatly enhanced the quality of the Magazine.

I would like to acknowledge Paresh Jai's enormous contribution in doing the artwork, colour separation and general co-ordination of the publication.

My thanks also go to Bubbly Sembi of Computer Presentations Ltd., for the tireless efforts in the graphic designs.

To Kirit Shah of Printfast Ltd., and we say a big thank you for doing the printing at cost and to Kilu Shah and Kensta for providing the paper at cost.

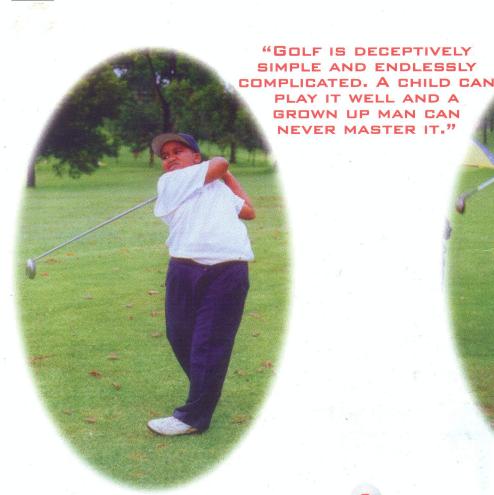
Peter James and Max Walumbe were most helpful with photography and we say to them asante sana.

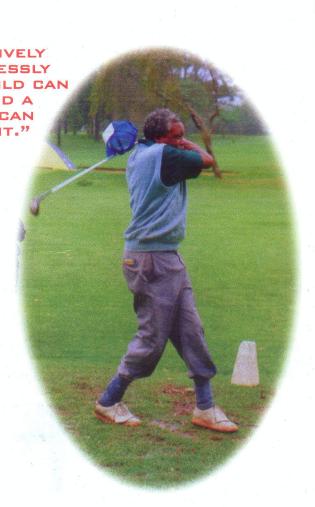
Above all I would like to thank all the advertisers for their willing support in producing this historical piece of work.

Finally and not least my appreciation goes to the 75th Anniversary Steering Committee for their support and guidance.

I trust the Magazine will make interesting informative reading and be treasured as a historical record for posterity.

G.M. NJOROGE Editor





A Property of the Park of the

Veterinary Laboratory Sports Club

CHAIRMAN'S MESSAGE

It is with great joy and pride to send this message to all members during the 75th year anniversary of the club.

The club which was formed to provide sporting facilities for veterinary and technical training employees and later included the faculty of Veterinary Medicine, has now members from all walks of life.

Major developments have taken place all on harambee basis, thanks to the enthusiastic members, the latest being a club hall kindly donated by Cooper Kenya. The next challenge is to refurbish the main club house and promote other games like tennis and indoor activities. I am confident that the devotion displayed by the committee members will excel in addressing these issues so that we take the stride to the next millenium with great pride.

In conclusion, I am sure that the great achievements so far could not happen without the generosity of members and to them, I salute them.

Asante Sana.

Dr. S.R. Kimanzi Chairman

6000

MAIN COMMITTEE



LEFT TO RIGHT (BACK): GEOFF RADIER, HENRY D'SOUZA, G.M. NJOROGE, A. KABAARA,
M.E. MUSA, DAVID KAMAU, J.S. BHOGAL
LEFT TO RIGHT (FRONT): REHAB WAITETE, PARESH S. JAI, K. CHEPKWONY, VIRGINIA KIRUMBA

With

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the

Veterinary Laboratory Sports Club

VICE- CHAIRMAN'S MESSAGE

I feel greatly honoured for being elected the Vice-Chairman for a second tenure this year when we are celebrating the Club's 75th Anniversary. Indeed, it is also the year the Club completed the new modern Club-house, thanks to the sponsors Messrs. Cooper (K) Ltd. and the firm's Chairman Mr. G. Kunyiha. Thanks also go to my predecessors who must be credited with the growth of the club to its present status.

Today the Golf Course has water laid to irrigate and keep it in first class condition. Thanks to members and particularly Mr. Bipin Shah of Basco Paints who sponsored the irrigation system.

From a Banda where members changed to play golf and then proceed to the Main Club House, a modest club was built in 1977 on Harambee Basis. Again in the late eighties the bar

was extended through members generosity. The latest has been the magnificent upstairs hall through the kind donorship of Cooper Kenya. On the other hand, members have dug into their pockets to provide funds for the extension of cloak rooms to meet the demands of the ever expanding population.

The Club has acquired world-wide fame for being a lively and friendly sanctuary. Many leading golfers in Kenya have gone through the Kabete experience before migrating to other Clubs, not because they do not like us, but in search of 18 hole courses. This has been a major disappointment because efforts have been made to extend the size of the Golf Course without success.

My thanks go to the Director of Veterinary Services who is our Chairman and heads the parent body under which we fall. His co-operation and understanding has made us reach where we are, and hopefully will get the club a more permanent tenure by facilitating necessary titles. The committee will embark on uplifting other indoor sporting facilities in the Main Club House as well as staff accommodation.

In conclusion, I would like to thank members for their support and generosity and urge them to continue keeping the famous Kabete flag flying to the next millenium.

LONG LIVE KABETE - LONG LIVE VET. LAB. Thank you very much.

K. CHEPKWONY, VICE CHAIRMAN.



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Veterinary Laboratory Sports Club

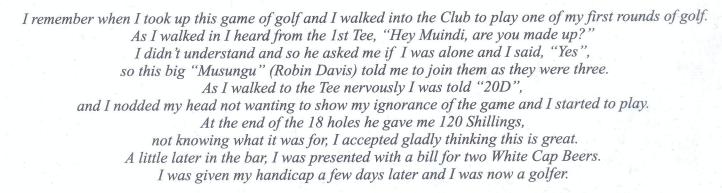
CAPTAIN'S MESSAGE

One has to be a very fortunate person to have been elected at the helm of one of the finest golf clubs in the region, and especially on the occasion of the 75th Anniversary, a great milestone in the history of Kabete.

I would like to thank and congratulate all my predecessors for without them taking one step forward every year, we would not be where we are today. Thanks to Cooper Kenya in helping us take a giant leap forward, by way of our new Club House.

Kabete has been a stepping stone to some of the finest golfers in the Country and we here at Kabete are proud of them. They may have moved on to greener pastures but the roots will always remain.

What really makes Vet Lab, "The Friendliest Club in the Country?" It is without doubt the members, and we at Kabete will always cherish this title. Allow me to narrate my own first experience at Kabete.



This can only happen at Kabete!

"Kabete Juu as always".

Paresh S. Jai CAPTAIN

GOLF COMMITTEE



LEFT TO RIGHT (BACK): M.S. DHANJAL, J.S BHOGAL, MAX WALUMBE, SATISH SHAH LEFT TO RIGHT (FRONT): AJAY HANDA, PARESH S. JAI, A. KABAARA



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VET LAB SPORTS CLUB

CONVENER'S MESSAGE

When I managed to secure a sponsor (Atlantis Insurance Brokers Ltd) for this prestigious event I felt that I had done my bit, and I was now off the hook. Little did I know this was only the beginning. About 3 months ago a committee of volunteers was formed to organise the event and at the first meeting, I was given the news that I would be the convener for this event. My protests that I was busy with captainship etc., was met with deaf ears.

I eventually consoled myself with the fact that I was now in the hot seat, but I did have one thing going for me, I had an extremely efficient and hardworking committee. This has made this huge task much easier and I would like to thank them all.

I would also like to take this opportunity to thank members for helping out, in the true spirit of Kabete "Asante Sana" to all of you.

I owe a big thanks to Ajay Handa of Atlantis Insurance Brokers Ltd, my Vice - Captain for accepting to sponsor this historical event, especially in these turbulent economic times.

In conclusion, I would like to say that I have enjoyed convening this event and working with my committee and I hope we will have done Kabete proud.



PARESHS, JAI

75TH ANNIVERSARY COMMITTEE



LEFT TO RIGHT (BACK): HENRY DISCUZA, G.M. NJOROGE, YUNIS MPENDA, M.E. MUSA, K. CHEPKWONY LEFT TO RIGHT (FRONT): REHAB WAITETE, PARESH S. JAI, VIRGINIA KIRUMBA



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THE LADY CAPTAIN'S MESSAGE

It is an honour and a privilege to be the Lady Captain on the 75th Anniversary of VLSC and take this opportunity to give a brief outline of the Ladies Section inthe recent past.

1995 was a banner year for the ladies of VSCL, small in number, but then it's quality, not quantity that counts. The round 30 active members of the Vet Lab Ladies' Golf Section swept most of the top Honours in the Kenya Ladies Golf.

As a team, their great triumph was to win the ladies' league title. Since its inception, nearly 43 years ago, the Royal Nairobi Golf Club Match, as the legue competition is known as, has never been won by Vet Lab. Our Lady golfers were the 1995 league champions and again retained it in 1996.



1995 also saw the Vet Lab ladies produce the two top lady golfers in the two divisions of the Golfers of the Year, R. Naliaka for the 6th year running was the best in the Silver Division while F. Macharia won the Bronze Division. In addition, three Vet Lab Ladies were selected for the Kenya National Team: M. Wandua, M. Murage and R. Naliaka.

Besides showing their individual and collective talent on the golf course, the Vet Lab ladies also contributed immensely to ladies golf in Kenya. Folerence Macharia served as the KLGU Chairperson and the Vet Lab ladies were awarded the Macharia Trophy for being the Club that most supported the KLGU competitions up-country.

The number one Kenya lady golfer Naliaka, continued her domination of the ladies' golf, winning among others, the Leonardo Bowl for the 8th year running. This string of wins is the most impressive as the Leonard Bowl Competition is played on different golf courses each year. She also successfully defended her Eirates title and then pitted herself against some of the best amateur lady golfers in the world in the British Ladies Amateur Championship at the Sandwich Golf Course in Kent. An impressive 73 in the first round placed her third overall, two shots behind the leader. But overnight rain and change in the weather dampened her game, producing a disappointing 81 in the second round. Still Rose made the cut (9th position) for the final two rounds, finishing 28th out of a starting field 78.

REHAB NYOKABI WAITETE

A TRIBUTE TO A MEMBER NOW NO MORE

PATRICK JOHN MWAURA (P.J)

By P. Kanari

75 years history of Vet Labs Sports Club cannot be complete without PJ's link. In the 70's there were very few Kenyans of African origin playing golf and he was one of them. Not only can he be called one of the pioneers towards africanizing golf in Vet lab but also one of the very first black Kenyans to participate in the management of golf in Vet Lab, not to mention other clubs like Kiambu and Thika. After being the club's Hon. Secretary for several years, he rose to the position of the club's Vice-Chairman; the position he held from 1981 to 1983. He was the co-founder chairman of BOAF ('Bird of a feather') at the time of his death in September, 1997. This is a group of golfers in Vet Lab whose role in the promotion of social golf includes encouraging the high handicappers that they too can be good golfers and indeed get into single digits.

PJ will be greatly missed not only in Vet Lab but by the whole golf fraternity. His vibrant personality and great sense of humour will always rekindle many pleasant memories.

May the Lord rest his soul in eternal peace!



THE EVOLUTION OF A GOLF CLUB HOUSE

By G.M. Njoroge (Development Member)

There is no doubt that the current development of the Club House kindly sponsored by Cooper Kenya Limited, has generated a lot of interest indeed. This magnificent structure has completely changed the face of the Club so much so that our golf course is now comparable with some of the best clubs with such facilities in the country today. On behalf of the entire membership I would like to extend our sincere gratitude to Cooper Kenya Limited.

In my heading for this write-up I have used the word "evolution" for lack of a more appropriate word, but I feel the growth of the Club from rather humble beginnings is fascinating and in a way an evolution of some kind. Before I go into details of the current development perhaps it would be appropriate and interesting to Members to go back in time and look at the beginnings of this rather intriguing Club.

When I was asked to write this article by the Committee I imagined how I would dwell on the current development and how it came into being. But looking at this magnificent structure it occurred to me that all this must have had a beginning. I got curious. I started probing and delving into history. A contribution by Peter Murray Wilson in the 60th Anniversary Celebrations Magazine provided a good insight into the history of the Club. I discovered those who were instrumental in founding the Club and nurturing it through the years to what it is today - men like Eric Tilley (the Founding Father), Vernon Van Someron (the First Captain), S.E. Piecy, D. North-Lewis, R.A. Hammond, A.G. Barnes, A. Webb, Bob Squires etc. and in later years Peter Murray Wilson and Nigel Sinclair who was instrumental in planting the Nandi Flames on the 5th Fairway. In more recent years were men like Titus Njonjo, Babu Mangat, David Evans etc.

Many may not know this but the Club was started way back in 1923 by one Eric Tilley following the establishment of the Veterinary Laboratory in 1910, a plant Research Station in 1915 (later moved to Muguga) and later the establishment of Jeans School in 1924. (This makes the club 75 years old this year, 1998).

Tilley's Golf Club initially had 3 holes and a thatched mushroom for a banda. This slowly grew to nine holes and led to the construction of the old main Club House in 1945.

Eric Tilley was key to the construction of the old main Club House through subsidies from Members (and they say Harambee came with Uhuru). It was originally intended that the 18th green would be across the road from the old main club House, and thus one of the reasons for building it where it is located today. The other reasons were its proximity to the tennis courts, bowling greens and the Laboratory personnel. It might be interesting to know that the building was put up by one Arthur Jacobs and furnished by members in 1948 with bar stools that exist to this day.

In 1962 the building's interior was altered significantly giving it a totally new look. Elizabethean, so they said, whatever that meant.

Back in time again: In 1946, in addition to the Old main Club House a little stone banda was built on the course to replace the thatched mushroom hut. The banda comprised of a tea room and wash up, a verandah, two toilets, a tractor shed and a store. This banda was to last for several years before being demolished in 1971 to make way for the veterinary faculty.

The need for a course Club House was now inevitable. With the help of Dick Polkinghorne the Architect, a replacement banda was built in 1972 where our present Club House now stands.

With increased membership and popularity of the Club and the need for better facilities the Committee detailed Mr. T. Brar, an Architect and Club Member to oversee the development of a new Club House on Harambee basis. The efforts of Mr. Brar, the Committee and the general membership were well rewarded for on July 22nd 1977 the new Club house with excellent modern facilities was officially inaugurated by none other than the late Dr. J.N. Karanja. The Club was built from cash donations of Kshs 60,000.00 and materials worth Kshs 300,000.00. The old changing rooms cum tractor shed were demolished and the walls of the old tractor shed were incorporated in the new Club House, and the new tractor shed built.

In 1982 the Club saw yet another face lift when the men's changing rooms were further extended including an extension to the ladies' changing rooms and a new Committee Room.

I witnessed the last two major improvements of the Clubhouse, in 1986 under the supervision of men like Tom Kamau. It involved the extension of the Clubhouse and the bar into the corridor and the creation of the "Njonjo Corner", and later the construction of the administration offices.

I guess this is an appropriate point for me to delve into the current development which is really the next major milestone in the 'evolution' of our Club House. I became the Development Member for the first time in 1996 and in that year the idea of Cooper Kenya Ltd. sponsoring a facility to be identified with the firm was mooted. Henry D'Souza the then Golf captain and I

drew up a list of about seven items for possible



THE EVOLUTION OF A GOLF CLUB HOUSE (CONT)

development by Cooper which included our waking nightmare, the notorious car park. In the end Cooper Kenya settled for a first Floor Lounge.

In February, 1997 we detailed Triad Architects who came up with the initial sketches which were to form the basis of the eventual development.

Later Cooper Kenya commissioned a team of Consultants to oversee the project comprising of:

Architects : Le Whitz Consultants

Structural

/Civil Engineers : Frame Consultants
Quantity Surveyors : Costwise Consultants

The team developed the necessary plans and specifications and identified Beam Engineering Ltd. as the building contractor.

On our part we formed a Development Committee which was to have a tremendous input into the project necessary from a user point of view. The Committee comprised of the following: T. Njonjo, K. Chepkwony, Satish Shah, G. Githunguri, W. Kinyanjui, H. Neote and J. Patel.

The Contractor took possession of site on 16th June, 1997 with an anticipated completion date of 27th September, 1997. Unfortunately this was not to be for even as I write this article work is still not complete although the new facilities are in use. This has happened for a variety of reasons some of which were beyond the Contractor's control.

The Contract was awarded at Kshs 5,250,000.00 but it is estimated that it now stands at about Kshs 6 million.

It is worth mentioning here that during the construction members had to vacate the Club House for the old main Club House which proved most useful in the interim period. In addition a small mabati banda was built for use by members and this too was useful. Most members took these inconveniences in their stride and were most understanding and patient. To the members we say a big Thank You.

During the construction, or even before commencement, the need for up-grading our other facilities was recognized to be commensurate with the new Club House. The Management Committee decided on the development of the Showers/Changing rooms, a First Floor Committee Room, concreting the rear kitchen yard, foul drainage and improvement of the ground floor lighting. The costs for these developments were then estimated at Kshs 2.3 million.

To realize these funds Members were levied some Kshs 6,000.00 each for which the response has been most encouraging.

I am delighted to report that the above works have gone on very well and have improved the status of the Club immensely.

At this juncture I would like to thank all those who have been instrumental in the development of this Club and hope that many more will come forward to help improve our Club to even greater status.



OLD CLUB HOUSE



When you're hot, you're hot.



Cool Everytime



THE TREES OF KABETE GOLF COURSE

By Ann Birnie (botanical consultant / artist) SIDA / RELMA

Unlike some other golf courses in and around Nairobi Vet Lab was cut out of agricultural land. This means it does not have the interesting forest remnants that can be seen at, say Karen or Muthaiga clubs. All the trees have been planted by the hand of man, albeit well chosen for their beauty. The well known Nandi flame trees are probably the most noticeable to our visitors, lining the long fence between the 5th fairway and the coffee plantation. A visitor's first encounter with this lovely tree may well be the one "in the way" to that 5th fairway...one needs to play well over OR right OR left and far too often one glances off some part of it. Notice as you go around how many trees have suffered golfing blows, poor things!

Our course has over 40 different kinds of trees, of which only 13 are indigenous to Kenya. The rest originate from Australia, India, the Mediterranean, South America and South East Asia and even from the Himalayas. We tend to notice those in flower and who could not notice the pink flowered Bombax from Brazil with its green bark, thorny and fat and later its pods with fluffy white kapok inside. There are several specimens but we know very well the one behind the mens' 11th tee which we have to negotiate while driving to the 2nd green.

In season we notice the indigenous *muringa*, the Kikuyu name for a big tree with papery white blossoms to the left of the 1st fairway. Some of us remember when it was ON the 1st fairway! Another indigenous tree intrudes for the men, behind their 1st tee. It is the locally common, mukinduri or Croton, a big tree with branches in layers and silvery underside to the leaves. While sitting below one you would probably note the hard rounded fruit which drop down with annoying frequency. I remember when indigenous *Podo* trees, (muthengera) were first planted along the left hand boundary of the 6th fairway. They are now well grown but not likely to reach the huge sizes found by trees on Mount Elgon or Kenya where they are highly prized timber. By the 6th green, opposite the Podo is a splendid mugumo fig tree, its fruit attracting many birds. When the Brazilian Cassia is in flower int March we enjoy its yellow fragrant flowers, followed by black pods but then it loses its leaves and is bare for much of the year. We have a few Jacaranda also from Brazil and we all know their violet blue tubular blossoms which carpet the ground when they fall. At the same time we usually see the yellow Tipu trees bloom, called The Pride of Bolivia, another South American, with odd key-snaped dry seeds. The Peruvian and

Brazilian pepper trees complete the exotics from South America, the latter a big bush besides the ladies 8th te

America, the latter a big bush besides the ladies 8th tee

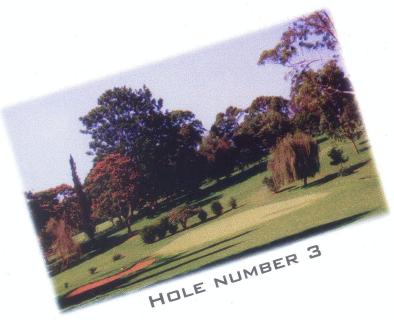
Around the course are several weeping Rottle from
Australia, blending over with red brushes. The one below
the 4th green is not too easy to chip over on the approach
shot. Another Australian is the Grevillea, a quick growing
tree, very much used for fodder around Nyeri and Embu
where they think it is Kenyan and call it mkima. The huge
trees to the right of the ladies 4th tee are Shingle trees from
India, one of the fastest growing trees around and campice
trees regrow at an amazing rate, as seen in Limuru chab car
park. We have some Indian rubber trees, used inside as pot
plants. Outside they grow quite large but none reaches the
heights of one in the Nairobi Arboretum which was planted
in 1908. The other well known Indian tree is the Toona, as

in restaurant, with its woody star-shapped dry fluit, growing right at the back behind the 4th green. Not far away is the tall needle of a

Mediterranean cypress which is still my line for a drive to that 4th green. Other Cypress have been planted as hedges but suffer with many others in Kenya from the dreaded aphid attack, so many branches look burnt. By the way they come from Mexico.

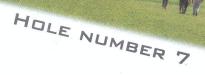
Our course has some fine specimens of gum tree, eucalyptus from Australia, rather fewer since drastic ring barking a few years back, not to mention those felled by storms. These are actually five different gums scattered around, no six including the white flowering gum beside the Shingle trees. Planting of gums for fuel wood in Kenya saved many indigenous trees and their nectar filled flowers attract many bees. Close to the clubhouse we have interesting palm trees as well as the curious Monkey Puzzle trees from Australia. To the right of the 5th fairway near the top of the hill is a different monkey puzzle tree, the Parana Pine and in fact there are five kinds in Nairobi. Who would imagine that the trees from the distant Cook and Norfolk Islands in the middle of the Pacific Ocean would grow well in Nairobi. So where is the tree from the Himalayas you may ask. Wait for the rains (joke!) and look for the pretty pink flowers of the Himalayan flowering cherry trees on your right as you approach the final "19th hole."

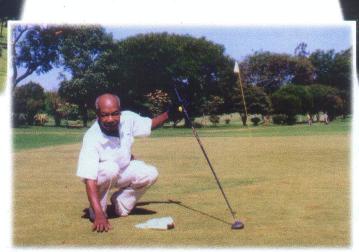
A golf course and its population of people and trees never remain the same. We need to think ahead and plan new vistas of beauty for 74 years ahead, as people did before us. What should we plant and where? We are lucky to enjoy such a lovely course, still in the countryside, but for how long? When the golf is unlucky we need the soothing of the greenery around us!





Images o





OUR GREENKEEPER (DR. A. KABAARA)



IMBER 8



HOLE NUMBER 17

Pet Lab



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KABETE DIE HARDS

WANJIHIA,

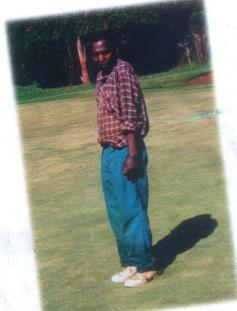
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"BU BU"



SOME OF OUR STAFF WITH OUR CATERING MEMBER



DOWN MEMORY LANE

By Titus Njonjo

The Veterinary Laboratory Sports Club golf course came to being in 1923. It started with six holes and later developed to nine holes with alterations on the original ninth green and the first hole. The clinical studies embarked on development with the current dog kennels affecting the ninth green.

Due to the encroachment by the University. realignment of the course became necessary and a high powered meeting between the Government, the University and the Club deliberated on the matter. The Club was represented by the then Director of Veterinary Services, the late Dr. Ishmael Muriithi, Joseph Kibe, the then Permanent Secretary Ministry of Agriculture, the late Mr. Philip Ndegwa, Permanent Secretary, Ministry of Finance and Mr. Solomon Karanja who was the Registrar of the University of Nairobi. The club owes a lot to these noble gentlemen who were foresighted and prevented this beautiful course joining other golf courses which were abolished in the 70's.

In February 1986, during Club Nite, I was playing a four ball with the Captain, Dr. Maina Wanjihia, Tom Kamau and John Ndegwa around 3.30 p.m and while playing hole number six we could see one huge motorcade on Waiyaki Way moving at high speed. The excitement caused funny shots. I went out of bounds, John shanked, Wanjihia skied and Tom got in the bunker. The result was blanks for all. By the time we got to the seventh tee the noise had died out but Tom Kamau commented that he thought the entourage was going to Nakuru. I answered him "No! I have a funny feeling and smell a rat."

We teed off beautifully on the seventh hole to the green save John Ndegwa whose driver wood landed him short of the green. When John was about to chip we heard the sound of motor bikes getting closer and it dawned on us that the entourage we had heard was visiting us. I then said to my friends "Hey look at the students running like red Indians going for the kill of white Americans except now to our Club."

Tom told Wanjihia "why can't you stop your friend?' Wanjihia answered "why? Nii ndi Mui?"

We stopped playing and headed for the club and suggested that we give the clubs we were holding to our caddies.

Wanjihia said "Why? No big deal!. Tom responded "They may think we are carrying G3 which could be the end of us." We walked across the 10th fairway which had doubled as 1st fairway, then who do we find standing on the old practising area along the blue gum trees? The best African Lady Golfer Kenya and Vet. Lab has ever produced.

Next to her stood a tall gentleman and not paying attention with no idea who it was she continued driving and cursing thoroughly disgusted by the interruption in her usual manner. This gentleman said "Good Afternoon", and when she turned around and recognised who it was, her surprise turned to fright (guess what happened, but if you want to know, you should ask her). The gentleman turned to the horde of students on his heels and asked "Who is she?" They replied in unison "One of those married to the Mzungu's we have been telling you."

Indeed in February,1986 the Club was in Political turmoil and the saddest day to the members. The students were agitating that they had no playing grounds which brought the events described earlier and the presence of the President at the Campus led by the Late Mr. Lanoi who was acting College Registrar and accompanied by a hoarde of students who made accusations that the golf course was being used by Europeans, Asians and rich Africans. The conversation went as follows:-

Gentlemen - "Who owns this land"

Students and some of the members of staff in chorus: "The Government." Replied the students and some of the members of the staff.

Gentleman - "All the way to Kangemi?"

Students and others - "Yes!!"

Gentleman - "Who are these People?"

Students and others - "Mzungus, Indians and the Rich Africans."

Gentleman - "Chukua Yoote!"

The entrouge took off leaving the students congruence and celebrating. All the members dismayed and not knowing what to do, could be seen standing in clusters and on the verandah Big Sokhi coming for his four O'clock club Nite could be heard murmuring in Hindi.

"What am I going to do, I belong to Kabete and cannot afford to be playing anywhere else". Back in the changing room Cowboy wailing soundly "What kanamai Ndu-I die!"

The following day the army engineers moved in with their bull dozers and graders and within minutes the most picturesque hole number one was no more.

A P

Veterinary Laboratory Sports Club

DOWN MEMORY LANE (CONT)

Members could be seen looking solemnly at those dozers destroying sixty three years of history and our beautiful hole which had its tee on the current practising green and had a dog leg to the right. The green was enviously guarded by the Muringa tree (Cordia Africana) at 150 yard marker and the big Nandi flame tree.

That was the club nite which saw members sobbing and going home thoroughly disgusted, not knowing

which other club to join. Several members left for other clubs but the hardcores remained to pursue the issue with authorities. With dedication and tremendous assistance by the Patron of the Kenya Golf Union, Hon. Mwai Kibaki an amicable solution was reached which enables us to continue enjoying Vet Lab, less the original beautiful hole number one.



HOLE NUMBER 5 TODAY

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THE "ROSE" OF KABETE

A Profile by G.M. Njoroge

Rose Naliaka is a household name amongst the Kenyan Golf Fraternity. This all-conquering heroine with her charm and sense of humour is probably the best African Lady Golfer Kenya has ever produced. She is the pride of Kenya and above all her home club Vet Lab Sports Club.

This brilliant meteor of talent took naturally to golf when she started playing the game in 1980 and **today plays off handicap one**. She is certainly the most successful Lady Golfer, in no small part due to the intense thoroughness with which she always prepares herself and the sheer strength and skill which enables her to accurately strike the ball as if it were fired from a bazooka, out-driving even the men.

One could fill a whole chapter merely by listing Rose's achievements but pride of place goes to her surely unbeatable tally of Ladies' Opens and overseas representations. Appended hereunder are Rose's achievements and awards:

Past Lady Captain	-	Vet Lab Sports Club (1985, 1995 & 1996)	1
Lagrand Dayyl		10 years (1088 to data)	

Leonard Bowl - 10 years (1988 to-date)

Tanzania Ladies Open - 5 years in a row

Uganda Ladies Open - 2 years
Emirates Ladies Open - 3 years
Dubai Ladies Open - 2 years
Vet Lab Ladies Champion - 10 years
Coast Ladies Open - 6 years

Coast Ladies Open - 6 years

Mombasa Ladies Open - 4 years

Kenya Ladies Strokeplay - 3 years

Kenya Ladies Amateur - 2 years National Golfer of the Year - 8 years

. Ladies Champion

(Karen Country Club) - 5 years

Ladies Strokeplay Champion

(Karen) - 5 years

National Player

Course Records: Vet Lab, Kampala, Emirates, Dubai and Kitale

1" Kenyan woman to play off scratch

1" Kenyan woman to participate in the British Ladies Open

Represented Kenya in the Pro-Am of the French Open 3 times

R/Up - 1993 Coca Cola Sportswoman of the Year

Honoured by Head of State, President Moi - 1994 HSC

Hole in One - 3

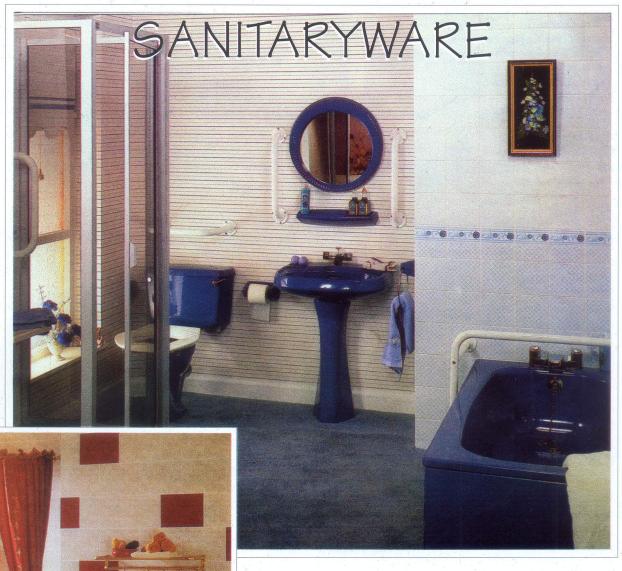


Rose is today regarded with universal affection and respect due to her reputation for graciousness and sportsmanship. We trust that she will continue to grace our golf course for many years to come.

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THE ALL AFRICA CHALLENGE TROPHY

By Rose Naliaka

The All Africa Challenge Trophy (ACCT) was inaugurated in 1992 in Harare, Zimbabwe. The event is the most prestigious amateur ladies' golf tournament in Africa.

The objective of AACT is primarily to promote ladies golf' by bringing together female golfers from all countries on the Continent of Africa to compete in an international event. So far, AACT has been very successful and has proved very popular with new countries joining.

The AACT is based on format of the Espirito Santo Championship and played in the same year. The tournament is managed by a Board of three Trustees who are elected by delegates who represent the Northern, Southern, Eastern and Western zones of Africa. Kenya has been privileged to have Mrs Muthoni Muthiga as a Trustee since 1992. The other Trustees are Mrs Tessa Covell (Zimbabwe) and Mrs Joy Arkutu (Ghana).

The format of ACCT is each national team has three players and a non-playing Captain or Manager. The teams compete in a strokeplay event, 54 holes played over three days, 18 holes each day. The two best scores in each round count for the Challenge Trophy. Players achieving the lowest score over 54 holes are the winners. Prizes are also awarded to the best individual players.

Since 1992, South Africa has proved difficult to beat. They have won the trophy a record 4 times.

Past Winners & R/UPs

<u>Year</u>	Host Country	Winners	R/Up
1992	Zimbabwe	South Africa	Zimbabwe
1994	Kenya	South Africa	Kenya
1996	Nigeria	South Africa	Zimbabwe
1998	South Africa	South Africa	Kenya

During this year's event held in South Africa, the following twelve teams participated.:

Botswana, Ghana, Ivory Coast, Kenya, Namibia, Zambia, Swaziland, South Africa, Tanzania, Uganda, Zambia and Zimbabwe.

The Kenyan team of Mrs Florence Maina (Muthaiga), Mary Wandua (Vet Lab) and Rose Naliaka, Captain (Vet Lab) played exceptionally well. I would like to mention that 75% of the Kenyan team was from Vet

Lab. Kenya was second to South Africa beating

Zimbabwe, our long time rivals by 12 strokes! Congratulatio ns to the above ladies for their excellent performance! As Captain of the team, I take this opportunity to



would like to The All Africa Challenge Trophy (1998) Kenya Team from left to right -Mary Wandua, Florence Maina and Rose Naliaka (Captain).

thank Mrs Florence Maina and Mary Wandua for their commitment and their cooperation that enabled the

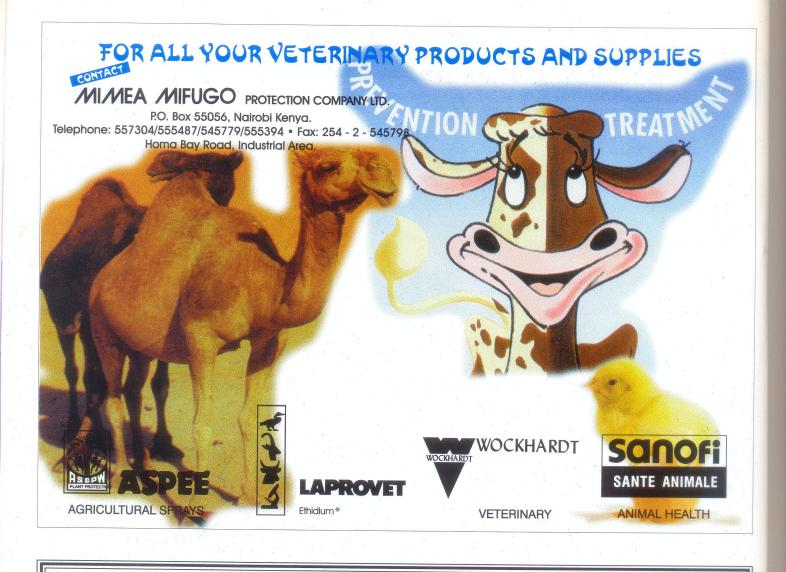
Kenyan team to emerge second overall! Special thanks goes to Mary for her courage of taking head-on experienced golfers. It was Mary's maiden performance outside Kenya!

Kenya had a large contingent of supporters, amongst them Grace Kariuki, Chairman, KLGU. Grace was also the teams's Manager. Mrs Muthoni Muthiga, Trustee (Vet Lab), Florence Macharia (Vet Lab), Rose Muthemba (Vet Lab), Eunice Mpenda (Vet Lab), Lucy Maina (Vet Lab), Jane Njoroge (Kiambu), Anne Ndegwa (Nyeri), Rachel Koigi (Royal), Immaculate Kandie and Margaret Watunu



both from Eldoret. To you all, thanks a bunch for your support, encouragement and above all great company.

The next venue for AACT in 2000 is in the neighbourhood - Kampala, Uganda. Ladies, we have a golden opportunity to put our hand on that prestigious trophy - let's get organised and start practising now for the year 2000!



Congratulations!

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THE COMPLEX WORLD OF GOLF

By Max Walumbe

Bernard Darwin describes Golf as "deceptively simple and endlessly complicated. A child could play it well, and a grown man can never master it. Any single round of it is full of unexpected triumphs and seemingly perfect shots end in disaster. It is almost a science but it is a puzzle without an answer. It is gratifying and tantalising, precise and unpredictable. It requires complete concentration and total relaxation. It satisfies the soul and frustrates the intellect. It is at the same time rewarding and maddening and without doubt the greatest game mankind has ever invented."

Simply put, golf is an extremely complex game but an excellent form of exercise and enjoyment. However, golf has also got its frustrations due to its complexity. There are days when one would go onto the course and play simply brilliant golf and often wonder what was so difficult about the game, only to come the next day and find a totally different story where shots go where you don't want and even simple two foot putts do not drop. This turns out to be frustrating and a source of tension and for those who take up golf with the hope of releasing tension or as a form of relaxation find it totally the opposite.

To compound this, golf can be humiliating, devastating and an ego destroyer. And none knows this better other than our Development Member, George Njoroge, who in 1995, during some of those brilliant streaks of good golf, managed to play continuously excellent golf for some several months bringing such ridiculous scores as 61, 63, 65 nett, etc. This so bloated his ego that George assumed that he is in a position to play to the lowest of handicaps imaginable! It is with this background that George took on a wager that six months down the line, or by December 31st 1995 he would be playing off handicap 10 or below. With the wager formalised, he embarked on a strong campaign to achieve his objective.

He was then playing off 17 handicap. After three months of extensive training and practice, sadly his handicap began going up. Within no time George's handicap was upto 19. This was so humiliating that George found it difficult to walk freely into the Club House in order to avoid the nastier members of the Club who made it a point to take a mickey out of him whenever he appeared with comments like, "George, what happened to your handicap?"

Luckily after, his handicap did start coming down, but by Christmas he had not made the targeted handicap of 10 or below instead he was down to 13 and he obviously lost his wager.

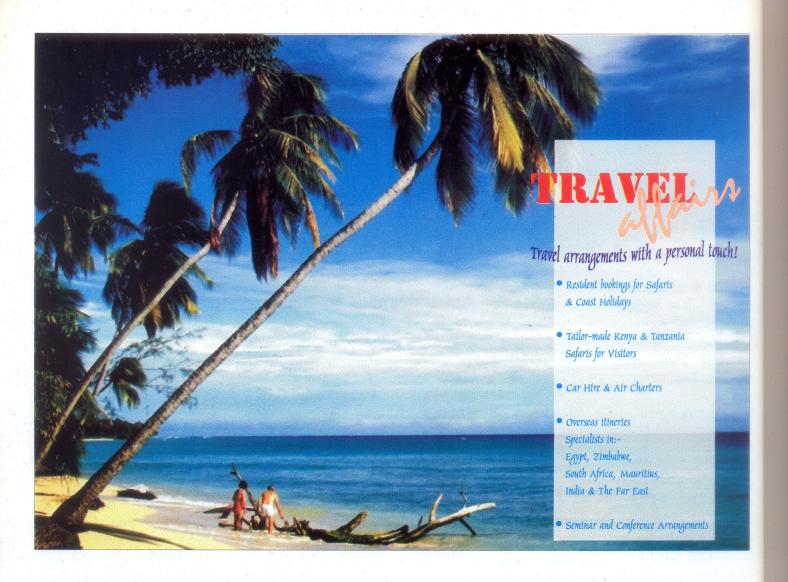
The loss of the wager meant major celebrations at the Club House on 31st December 1995. A golf tournament was held and members enjoyed themselves at the expense of George. Later that evening while presenting prizes, George gave examples of how difficult golf is and how individuals have been humiliated and their egos badly defeated.

One such example was of the late Italian dictator, Musolini who played golf. At one time on approaching one of the greens surrounded by big bunkers in front of him, he promptly ordered one of his aides to remove the bunkers.

Another example he gave was of our early executives in Kenya who after independence a number of them had taken up golf. One, well known, individual in the country decided to take up golf as well. He purchased a good set of golf clubs and one afternoon came to Vet Lab for a friendly round of golf. His team mates teed off on the first tee which was by then our present practice green facing the fairway which is the present University football pitch. When his turn came, he addressed his ball, took a great big swing at the ball, but unfortunately flipped and fell flat on his back in front of the whole gallery. He was so humiliated that he picked up his clubs, dusted himself and off he went towards his car, threw his clubs in the boot and drove home where he threw the golf clubs in the archives. And to this day, 30 years later that golf set still gathers dust in his archives.

It is therefore no wonder that Sir Winston Churchill described golf as "A curious sport whose object is to put a very small ball in a very small hole with implements ill designed for the purpose."

Incidentally, who won the 1998 Jacob's Cup? Complex golf may be, but Vet Lab. still remains one of the friendliest clubs in the country full of very nice members. Single handicappers will offer you a game even if your handicap is as low as Dr. Munyua's. Some of these members may be heard time and again cursing their bad shots somewhere on the course. One will not miss the loud groans of Peter Kanari somewhere on the course after missing a one-foot putter. He has played off handicap 09 receiving 08 strokes when his playing partners are you know whom! Other landmarks include the infectious laughter of Peter Makumi and "a very



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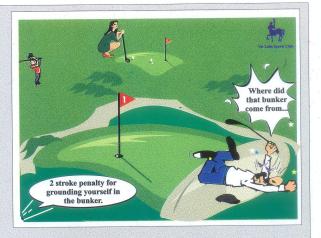
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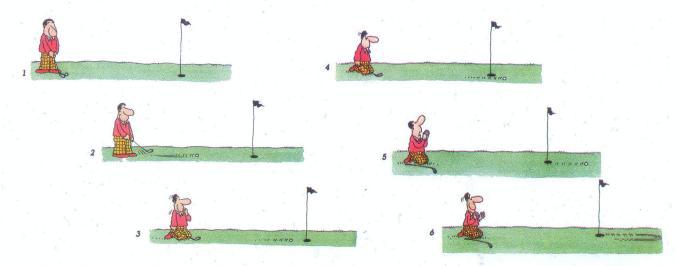




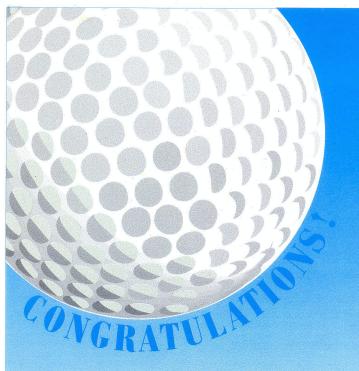
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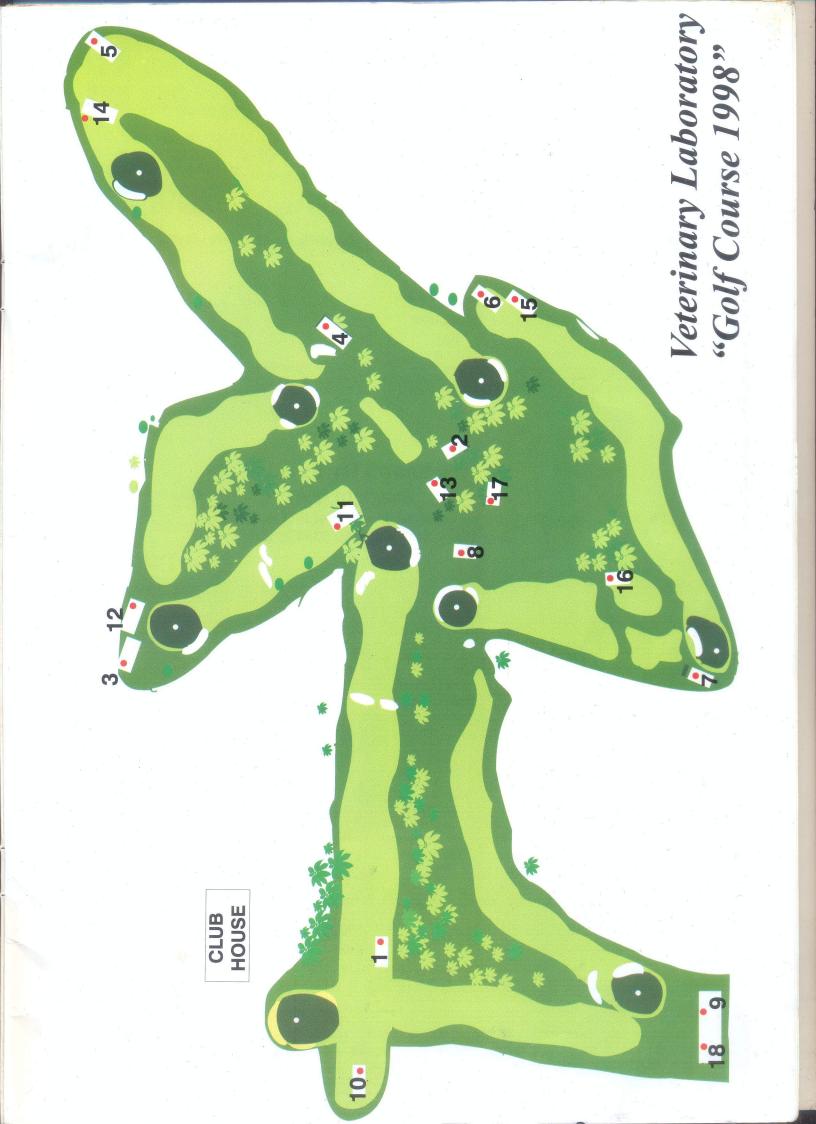


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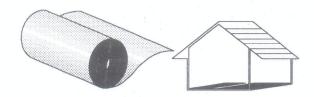
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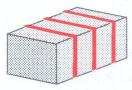
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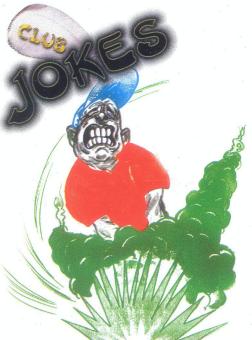
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- OLD GOLFERS NEVER DIE, THEY JUST PUTTER AWAY.
- THE ACCOMMODATION COMMUTEE HAD JUST STARTED AND THE CHAIRMAN STATED, 'I'M SURE THE MEMBERS WILL BE PLEASED TO NOTE WE HAVE PURCHASED A BALL WASHING MACHINE AND HOPE TO HAVE IT INSTALLED NEXT WEEK.'
 - 'SURELY, 'PROTESTED ONE OF THE LADY MEMBERS, THIS IS A BLATANT CASE OF SEX DISCRIMINATION?'
- 'NOW REMEMBER', 'SAID THE HUSBAND AS HE PLAYED FOR THE FIRST TIME WITH HIS WIFE, 'I DON'T LIKE TO TALK WHEN I'M PLAYING.' 'YOU DON'T NEED TO', 'RETORTED HIS WIFE, 'JUST LISTEN!'
- READING A BOLF MANUAL IS LIKE READING A SEX BOOK, IT LOOKS ALL RIGHT ON PAPER BUT WHEN IT COMES TO THE REAL THING THE STROKES NEVER GO AS SMOOTHLY AS THEY SHOULD.
- WHAT GOES PUTT, PUTT, PUTT?
 A BAD GOLFER.
- * A GOLFER IS A PERSON WHO CAN EXPRESS HIS THOUGHTS TO A TEE.
- THE GIRL WHO ARRIVED FOR GOLFING
 LESSONS WAS AN EXCEPTIONALLY WELL-BUILT
 YOUNG LADY AND HAD AN ENDRMOUS BUST
 TO PROVE IT. THE PROFESSIONAL WATCHED
 HER AS SHE TRIED TO SWING AT THE BALL.
 HER FIRST ATTEMPT WAS A DISASTER, AS
 WAS HER SECOND SWING. 'JUST ONE MOMENT
 MISS, 'SAID THE KINDLY PROFESSIONAL.' YOU
 WILL HAVE TO DECIDE WHETHER YOU'RE GOING
 TO PLAY OVER OR UNDER THEM'.
- A GOLF CLUB IS A STICK WITH A HARD HEAD AT EACH END.
- *KIMANI ENTERED THE LOCKER ROOM AND STRIPPED OFF TO HAVE A SHOWER, HE REMOVED HIS SHIRT TO REVEAL HE WAS WEARING A BRASSIERE. "WHEN DID YOU START WEARING THAT THING?" ASKED AN INTERESTED OKOTH. "SINGE MY WIFE FOUND IT IN THE BACK SEAT OF MY CAR," REPLIED KIMANI.

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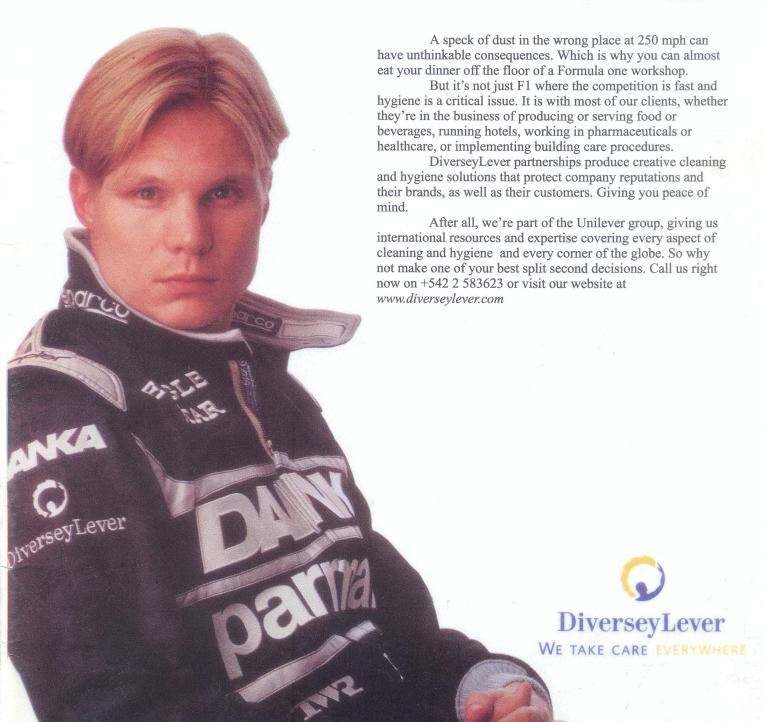
TOO MANY PEOPLE GET TOO SERIOUS ABOUT THE GAME TOO SOON. THEY BASE THEIR HAPPINESS ON HOW THEY PLAY, WHICH DEPENDS ON HOW MUCH THEY PRACTISE. AND FEW PEOPLE PRACTISE ENOUGH. IT BECOMES A CATCH-22: THEY'RE NOT PLAYING WELL BECAUSE THEY AREN'T DOING WHAT THEY NEED TO DO. HOW CAN THEY EVER WIN? IF YOU'RE JUST PICKING UP THE GAME TRY AND HAVE AS MUCH FUN AS POSSIBLE. ONE OF THE REASONS GOLF IS SUCH A GREAT GAME IS THAT IT CAN TOTALLY GET YOU OUT OF YOUR "OTHER" LIFE - YOUR BUSINESS LIFE, YOUR EMOTIONAL LIFE, WHATEVER. AND IT CAN PUT YOU IN A WONDERFUL AND BEAUTIFUL ENVIRONMENT.

ONCE YOU GET SERIOUS, THE GAME TAKES ON A TOTALLY DIFFERENT QUALITY. AS YOU LIVE AND DIE WITH YOUR SHOTS, YOU GET MORE INTENSE. THOSE CHANGES CAN BE GOOD AS LONG AS YOU REMEMBER GOLF IS A VERY DIFFICULT GAME. LOOK AT IT THIS WAY: A BASEBALL PLAYER CAN HIT 45 FOUL BALLS, THEN HIT A HOME RUN. ALL ANYONE REMEMBERS IS THE HOME RUN. IN GOLF, YOU PLAY EACH OF THOSE FOUL BALLS AND ADD THEM TO YOUR

SO GIVE YOURSELF A BREAK, AND JUST TRY TO HAVE A GOOD TIME!

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